

START

THE MIQAT

HOW TO PERFORM UMRAH

1 IHRAAM

- A Put on IHRAAM garments** at the **MIQAT**
(2 white unsewn sheets for boys; regular clothes for girls. Girls must not cover their face & boys should not cover their heads during Ihraam)
- B Make INTENTION** for UMRAH
- C Recite TALBIYYAH**
- D Go to MASJID AL-HARAM (KA'BAH)**



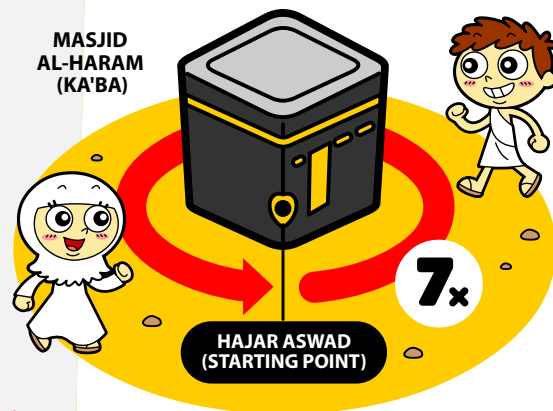
TALBIYYAH :

"LABBAYKA ALLAAHUMMA LABBAYK,
LABBAYKA LAA SHAREEYKA LAKA LABBAYK,
INNAL-HAMDA WAN-NI'MATA LAKA
WAL-MULK, LAA SHAREEYKA LAK"

2 TAWAAF

TAWAAF means to circle the Ka'ba with extreme love and devotion seven times.

- A Start at HAJAR ASWAD** (the black stone and the starting point)
- B Make INTENTION** for TAWAAF
- C Circle the KA'BA 7x**
- D Every time you start a new circle recite:**
"BISMILLAAHI ALLAAHU AKBAR"
- E Boys should walk fast (Raml)** during the first 3 circuits



MAQAM-E-IBRAHEEM



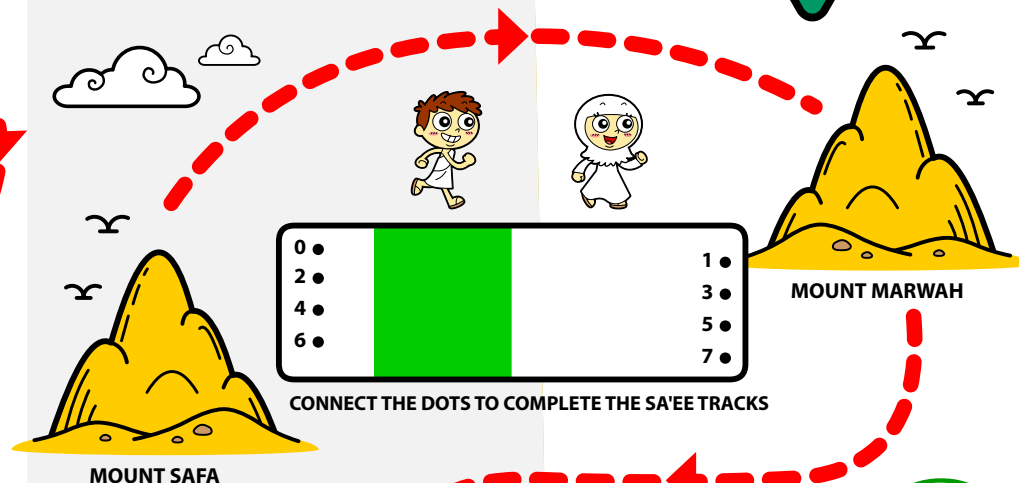
ZAM ZAM WATER

3 SA'EE

SA'EE means walking back and forth seven times between the hills of **Safa (Start)** and **Marwah (End)**.

- A Start from MOUNT SAFA**
- B Make INTENTION** for SA'EE
- C Walk to MOUNT MARWAH**
- D Go back again to MOUNT SAFA**
- E Repeat 7 times** in total between the mounts (going from one Mount to the other is counted as one circuit)

- F Boys should jog / quicken their pace** between the set of **green lights**
- G Finish the 7th circuit** at **MOUNT MARWAH**



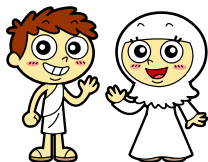
4 SHAVE/ CLIP HAIR



HOW TO PERFORM HAJJ



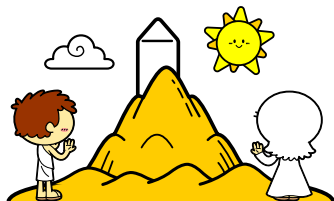
DAY 1 8TH DHUL HIJJAH



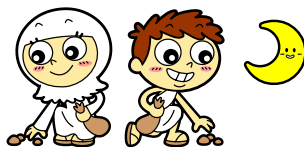
- A Put on IHRAAM garments
- B Make INTENTION for HAJJ
- C Recite the TALBIYYAH
- D Go to MINA & stay for 1 day



DAY 2 9TH DHUL HIJJAH

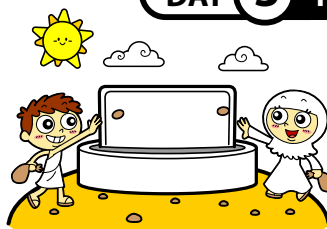


- A WUQUF (stand and pray) at ARAFAAT until SUNSET

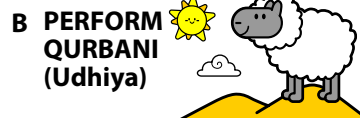


- B Collect 70 PEBBLES for Stoning at MUZDALIFAH

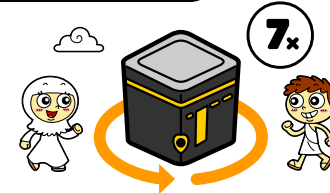
DAY 3 10TH DHUL HIJJAH



- A Stone the JAMARAAT Al Kubra with 7 Pebbles



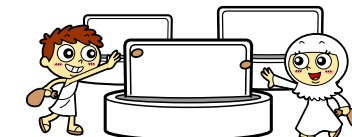
- B PERFORM QURBANI (Udhiya)
- C SHAVE/TRIM the hair (end of IHRAAM state)



- D PERFORM TAWAAF E ZIYAARAH (same as Tawaf of Umrah)

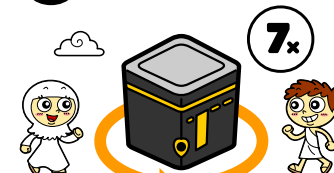


- E PERFORM SA'EE (same as SA'EE of F RETURN back to MINA)



- Stone all 3 JAMARAAT (Al-Ula, Al-Wusta & Al Kubra) with 7 pebbles each

DAY 5 12-13TH DHUL HIJJAH



- PERFORM Farewell TAWAAF (TAWAAF E WIDAA)

HAJJ COMPLETE